



The following changes have been announced to Step 1 of the AHS "Path Forward" that comes into effect on Monday, February 8. All other restrictions remain in place.

Please consult with the facilities that you are planning on using regarding if and when they will be opening and what protocols they have in place for training as it may differ from what is listed below:

School and team sport activities

Children and youth will be allowed to participate in limited school and team sport activities.

Lessons, practices and conditioning activities are allowed for indoor and outdoor, team-based, minor sports/activities and school athletics.

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Games are not allowed.

All participants must be 18 years old or younger, except coaches or trainers.

Maximum of 10 total individuals, including all coaches, trainers, and participants.

- Physical distancing must be maintained between participants at all times:
- 3-metres physical distance for indoor activities
- 2-metres physical distance for outdoor activities
- Coaches or trainers may enter physical distancing space for brief interactions with participants (for example, to correct form or technique)

- Participants must be masked at all times, except during the training activity. Coaches/trainers/etc. must remain masked at all times.
- Access to change rooms must be limited, including accelerated arrival and departure, emergencies (for example, first aid) and washroom use.

Softball training must be with certified softball coaches in one of the NCCP softball streams.

Softball coaches must be prepared to produce this documentation if asked by AHS inspectors/facility operators. Please ensure all equipment is sanitized between users.

Please refer to the attached AHS Daily checklist for pre activity screening. All attendees should complete this checklist prior to participating in the activity or program.

For further information regarding the new measures, please check out the Target Public Health Measures page provided by AHS and the Government of Alberta.

<https://www.alberta.ca/enhanced-public-health-measures.aspx>

For further inquiries, please contact Alberta Health Services.